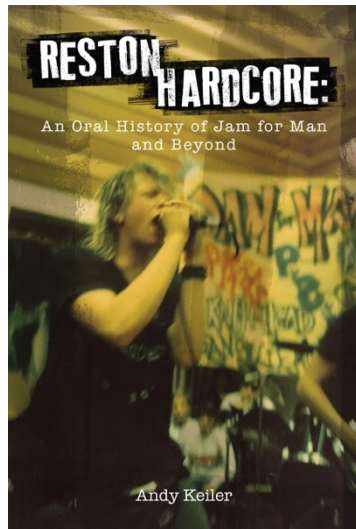




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Reston Hardcore:

An oral history of jam for man and beyond.

by Andy Keiler

This is its story and that of its most well known culmination, the "Jam For Man" benefit concert series, told by the people who lived it. I learned a lot reading this, finding lesson and inspiration. This book reminds us that there is always something to be done, no matter how challenging the context. More than worth your time!"

- Mark Andersen / Positive Force DC.-

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Published 26th September.

Northern Virginia in the '80s and '90s was the greatest independent music scene that almost nobody has ever heard of. Drawing inspiration from the raw energy of DC hardcore and the distinctive sound of Inner Ear Studios, this burgeoning scene spread throughout the suburbs, blending with the rising forces of Go-Go and hip-hop. Reston alone birthed members of iconic bands like Gwar, Scream, Avail, Branch Manager, and Deceased. Independent labels such as DSI, Simple Machines, Teen Beat, WGNS, Torque, and Victrola gave voice to this underground movement. These kids built a DIY community that supported one another, and the Jam for Man shows led to lives of lifelong activism through music.

#restonhardcorebook



Andy Keiler was born at Fairfax Hospital in 1976 and raised in Reston, VA. He graduated from South Lakes High School in 1995 and then earned a degree from Emory University in Atlanta, GA in English and Creative Writing. He has been teaching English in alternative schools in the Los Angeles area since 2001. He has written eight feature screenplays, including an adaptation of the Reston classic non-fiction book *A Tribe Apart* by Patricia Hersch. He has recorded and released over 50 albums under the name AndyK as well as produced many more.

The podcast that this book is based on is called Jams for Man and can be found

at: <https://www.podomatic.com/podcasts/jams4man><https://www.facebook.com/Jams4Man/www.youtube.com/@jamsforman580>

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